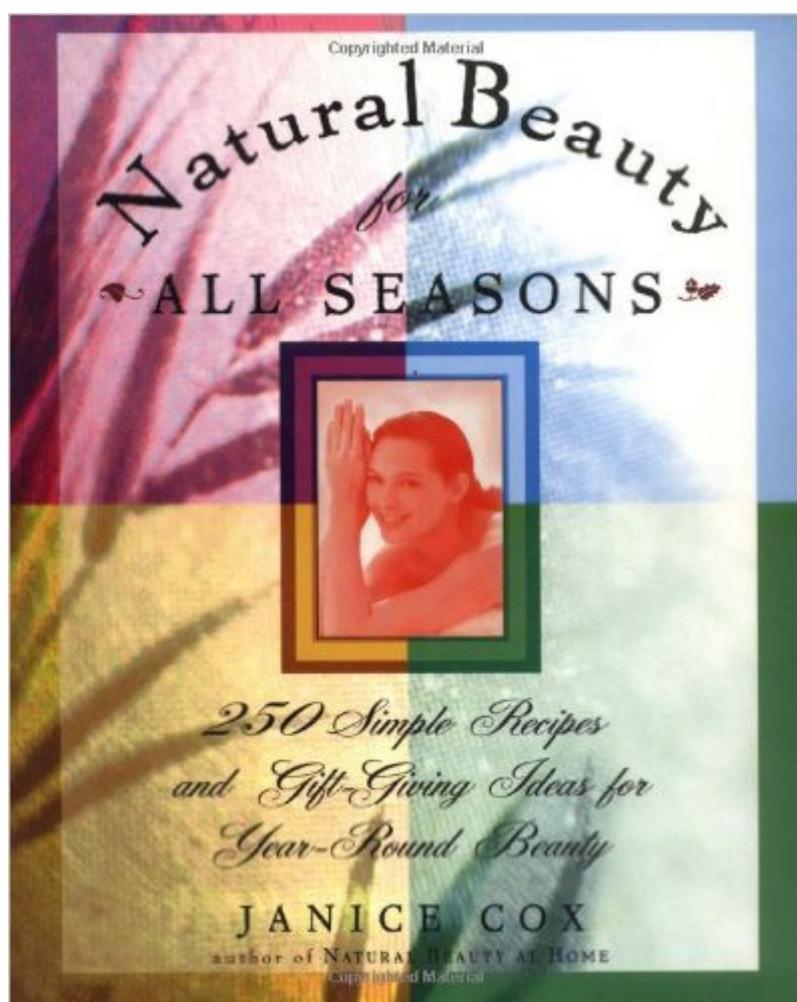


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# Natural Beauty For All Seasons: More Than 250 Simple Recipes And Gift-Giving Ideas For Year-Round Beauty



## Synopsis

Cox offers readers more than 250 brand-new recipes for body, bath, and hair care, with an eye toward special beauty needs and ingredient availability in each of the four seasons.

## Book Information

Series: Natural Beauty

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Average Customer Review: 4.1 out of 5 stars See all reviews (35 customer reviews)

Best Sellers Rank: #1,180,119 in Books (See Top 100 in Books) #67 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Cosmetics

## Customer Reviews

I am starting a home-based business of natural soaps and bath products. I have found many recipes in this book that I can make and sell. I have also found many recipes that I use myself, being a woman who is allergic to most all store-bought cosmetics and skin care products. I especially love the Chocolate Lip Gloss, the Gardener's Hand Cream, and the Egyptian Facial Mask. The recipes are easy to follow. The ingredients are easy to obtain. The overall book is wonderful. I highly recommend it to anyone who wants to make their own natural products.

I decided to check this book out at a bookstore first, because I have gotten so many craft books that sound really great, but the materials and ingredients needed are very exotic or expensive. This book is no exception. Although the recipes and ideas are simple and easy, the essential oils needed (which are NOT cheap, mind you.) and the other array of items (that no one keeps in their house) would cost a fortune. Her other book, "Natural Beauty at Home", is a MUCH better book, with the same easy and simple instructions, and realistic materials. Ideas like oatmeal masks, potpourri, and soap that are not hard to do, and not pricey. I highly recommend this one over "Natural Beauty for All Seasons".

I live in this book, I have owned it for almost a year and still find new recipes that are wonderful. For those people with sensitive skin, this is a must. My friends are always asking me to make them face scrubs and lotions.

I didn't care for this book. I have several (home-made toiletries) books and I was dissapointed in this one. There should have been more recipes that incorporate the use of 'raw' natural materials OTHER than food. Food is extremely perishable. There ARE natural preservatives available on the market (Vit E, Grapefruit Seed Extract, Germaben II) that could have been utilized to come up with many good recipes. I also didn't like the fact that castor and mineral oils were used in some of the recipes, as these will clog up pores tremendously. In the Gift-Giving section, her ideas were good, though I would have liked to have seen some actual recipes and step-by-step instructions on the creations of these ideas. All in all, I give this book a 2-star rating. There ARE a few recipes in here that I will use, but hardly worth the price of that I payed. I could have had a better response via the search engines on the internet and saved the money.

This book has some fabulous ideas for facial scrubs and massage oil BUT reader be warned of the BANANA-HONEY conditioner! I tried this and the gooey bananas would NOT come out of my hair. It took 4 shampoos and a LOT of brushing. Not a fun morning.

This is the second book I have purchased by this author. She has inspired me to create more beauty products for myself and ideas on how to make creative gifts for my family and friends for the upcoming holidays. I'm always concerned when i give home-made gift that they may look cheap as presents, she has many ideas to make them look better than the store bought ones. I'm ready to go to some antique stores and look for bottles, baskets and etc. The recipes are simple and easy to make. I will be experimenting alot.

This is a wonderful book. The author gives interesting information about all ingredients she uses and they are, for the most part, very easy to find. The recipes by seasons is a great feature. I live in Florida so I especially like the Spring and Summer recipes. However, I just purchased the book for my daughter, who lives in Alaska. Naturally, she will enjoy the Autumn and Winter recipes. Would recommend this book to anyone who enjoys using and making natural products.

I have enjoyed all of Janet Cox's books although this is the only one I own (the rest I borrowed). The

recipes are easy, the ingredients easy to find at grocery or natural food stores, or online. I would give this a five star rating except for the recipes which call for petroleum based products (and there are a few in everyone of her books) and the fact that some of the lip balms harden when they cool to the point of dragging at your lips. Easy enough to fix (simply remelt and add more oil to the mix until you are happy with the final product). Overall very enjoyable reading and gift giving.

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